

Health and Safety



Your Safety is our top priority! We takes precautions to make sure our volunteers feel comfortable and stay safe during a volunteer trip. You can count on:

- * Staff presence 24/7 for the duration of the trip, from airport pick up to drop off.
- * We use trusted vendors and restaurants that guarantee quality and safe food handling. All food in the community is prepared with purified water.
- * All staff members are first aid and CPR-certified.
- * We have stocked first aid kits at the work site and while traveling for minor injuries and illnesses.
- * Purified water is available at all times.
- * Our cooks are trained in hygienic practices, proper food handling, and meal preparation for common dietary restrictions.
- * Your trip fee covers in-country volunteer insurance.

BTC Health and Safety Guidelines

- * Before you arrive, consult with the Center for Disease Control and your doctor about health information you may need.
- * On the trip, do not consume food or beverages that have not been OK'd or prepared by BTC staff.
- * Drink lots of water and use plenty of sunblock.
- * Use insect repellent Follow all instructions given during the safety orientation on the worksite.
- * Do not touch or play with cats, dogs, or other animals.
- * Do not walk or run alone.